



# Recipe from the Cheyenne Botanic Gardens

[www.botanic.org](http://www.botanic.org)

## **Creamy Sweet Potatoes**

From Cheyenne Botanic Gardens volunteer, Audrey Hayes

3 lbs sweet potatoes -cooked and peeled  
3 eggs-lightly beaten  
1/3 cup orange juice  
1/3 cup butter  
1/3 cup sugar  
3/4 tsp vanilla  
1/3 tsp ground nutmeg  
Dash of salt  
Miniature marshmallows

Mash sweet potatoes. Add everything except the marshmallows. Mix well. Transfer to a 9x13 greased baking dish. Bake 35 minutes at 350 degrees. Top with marshmallows and bake for another 5 to 10 minutes.